



Immersion into the Yoga Tradition  
Application

Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone: (C) \_\_\_\_\_/(H) \_\_\_\_\_

I am interested in this program for:

personal enrichment

RYT200 accreditation

RYT500 accreditation

1. How long have you been practicing yoga?
2. What style(s) yoga have you studied and with whom?
3. Do you have a home practice? If so, how often do you practice?
4. Have you attended other yoga training workshops/courses? If so, when and with whom?
5. Do you currently teach? If so, what style and how long have you been teaching?
6. Do you have a sitting meditation practice? If so, how long have you been practicing meditation?
7. What would you like to get from this program?
8. Do you have any injuries or medical conditions?
9. If you are interested in obtaining RYT500 accreditation, you must be currently registered with Yoga Alliance as an RYT200. Please submit a copy of your YA card with this application.

Where and when did you receive your RYT200 accreditation?